



## Sunday Workshop with Nanda Peek

June 19th, 10:00 - 13:00

Price: 40 euro

Nanda belongs to a small group of yoga teachers who have experienced first-hand the teachings of BKS Iyengar when he was teaching his infamous 'intensives' from the Iyengar institute in Pune.

She has 40 years experience of teaching this method, and holds a Senior Intermediate III level certification. In addition to this she has also studied Zen Buddhism, Jnana Yoga and psychology.

We're feeling fortunate to bring Nanda with her expertise and passion for this subject to our studio here in Haarlem for the first time. For more information and to reserve your place, please contact us via e-mail: [info@iyengaryogahaarlem.nl](mailto:info@iyengaryogahaarlem.nl) or phone 06 -5202 6667

