

WORKSHOP Upper back/neck & shoulders with Kerry Reinking

Sunday 28th of September 10:00 – 13:00

About Kerry Reinking:

Through his work as a portrait photographer and Iyengar Yoga teacher, Kerry knows how to balance art and technique. “My Job is to help my students discover their own body’s intelligence, and inspire them to build a strong and solid body and mind.” Kerry incorporates 15 years yoga experience to guide his students to create a positive change to their life.

Kerry’s base of teaching is [at his own studio in Amsterdam’s city center](#). He also teaches weekly a back care intensive at [YogaMoves](#) and also a special needs course at [iYoga Utrecht](#). Kerry completed his teacher training at the Iyengar Yoga Institute in Amsterdam as well as the Iyengar Yoga therapy training. He has several years experience assisting in the Institute’s medical therapy classes. He holds the Intermediate Junior III certificate and continues with a month of study with the Iyengar family in India every other year.

Cost: € 35,-